ENNIFER J. FONDREVA

Author · Speaker · Chief Humanity Officer

EMBRACE UNCERTAINTY, CREATE OPPORTUNITY

An Interactive Keynote Experience

Smart and talented people can easily lose focus and even doubt their value when the future becomes unclear.

EMBRACE UNCERTAINTY is for leaders and change makers looking to own their future and who possess a deep desire to be their best in a world drowning in uncertainty and constant change.





LIES WE TELL OURSELVES -

in our Confrontation with Uncertainty

LIE #1: Uncertainty is simply something we have to deal with.

LIE #2: I have little or no control in the face of uncertainty and constant change.

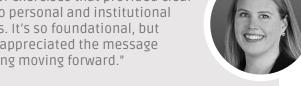
LIE #3: I should be able to figure out how to navigate uncertainty on my own.

The lies we tell ourselves halt our ability to move forward. When we let the grip of uncertainty paralyze us, we question our value and wonder what we have to contribute. We become afraid of not being good enough for what the future holds.

The unintended loss: we don't even realize we have allowed others to determine our worth.

— WHAT AUDIENCES HAVE SHARED -

"Jennifer led our group of women through a dynamic and insightful series of exercises that provided clear paths to personal and institutional success. It's so foundational, but I really appreciated the message regarding moving forward."



Sarah Doerr Attorney & Shareholder Moss & Barnett "Jennifer's talk was one of the highest rated sessions of our event. Jennifer was very relatable, engaging and left our attendees with tangible, actionable takeaways. I strongly recommend her for your next event!"



Sho Shanker R&D Manager, CDW









Embrace Uncertainty, Create Opportunity

An Interactive Keynote Experience

Relatable, Relevant, Real.

Whether an intimate talk with 30 or a global audience of thousands, Jennifer's conversational, relatable style opens people's hearts and minds to new possibilities. By sharing her journey battling uncertainty, Jennifer creates a "safe haven" to transform our innermost fears into energy with forward momentum.

She brings her humanity to the stage and a sublime ability to see the challenges of everyday life as building blocks for our future.



WHAT YOU'LL LEARN

Creating opportunities requires navigating embracing uncertainty.

Future is Yours

Jennifer's T.E.A. Framework provides a proven process to take back your future. By shifting your energy from fear of the unknown to focus on what you can control, you will begin to see and create opportunities. Uncertainty becomes your ally, not your enemy.

Forward Momentum

Most people define themselves by their past successes and failures. Jennifer shares how she let go of what previously defined her. Through her colorful stories and thought-provoking activities, she shares how she made this discovery to give you the courage and confidence to move forward.

Greater Certainty

Our brains crave certainty as a way to avoid pain and stress. Jennifer guides you on how to create greater certainty by knowing your value, regardless of the circumstances. Today's the day to begin owning who you are.



"Resilience remains a hot topic because so many people continue **to fight uncertainty.** Resiliency comes when you shift your energy from fighting and start embracing uncertainty.



Mergers and Acquisitions create a tsunami of uncertainty for any business. Jennifer turned her experience leading global teams through three multibillion-dollar M&A deals, into a **best-selling guidebook** for leaders around the world.



Top viewed TEDx Wilmette talk



Over 500 companies and associations served



Nearly 30,000 inspired fans (and counting)

"Jennifer's presentation was engaging, thoughtprovoking and provided fantastic examples and action items to elevate anyone's situation during uncertain times. Her interactive approach helped us understand our unique talents, where to put our effort and how to maintain a positive attitude. It was informative and hugely beneficial."



"As women we need to always advocate for ourselves and our values. Jennifer's presence is so radiant and gracious. She showed us how to do this and stay true to ourselves."



Sarah Austin National Director, Hilco Global



Founder and Owner, Overton Law, LLC







